

# Lebanon Family YMCA Swim Meet February 4, 2012

**Location:** Lebanon Family YMCA, 500 E. Elm Street, Lebanon, MO 665536

Ph. 417-588-1177

**Facility:** Six lane 25 meter indoor pool. Three stopwatches will be used for timing in each lane with one back up. Place judges will be used. Bleachers will be provided in pool area for viewing. Crash area will be in the basketball gym.

**Times:** The meet will begin at 10:00 am; warm ups will begin at 9:00 a.m. Warm up lanes will be assigned by Meet Director. There will be a coaches & officials meeting at 9:45 am. Timer's meeting just before the meet.  
**"Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up."**

**Meet Type:** Timed Finals. Heats will be mixed and seeded according to registration times. Swimmers without registration times will be seeded last. Heats will be combined to save time.

**Entry Limit:** Each swimmer will be allowed to swim up to 3 individual events and 2 relays.

**Entries:** All entries should be submitted by email to Elaine Burr at [ewb.mgmt@gmail.com](mailto:ewb.mgmt@gmail.com) and [leburr@swbell.net](mailto:leburr@swbell.net) by 5:00 pm Thursday, Feb 2, 2012. All entries received after deadline will be treated as deck entries and subject to \$5 late fee. Deck entries close at 8:45 am day of meet. Scratches due by 9:15 am.

**Entry Fees:** \$15.00 per swimmer.

**Payment:** Team payment with one check made out to the “Lebanon Family YMCA”

**Awards:** Medals for 1st, 2nd and 3rd place in individual events. Ribbons for 4th–6th place. Gold medal for relays, ribbons for 2nd and 3rd. High point and runner up high point trophies for each age group. Tie breaker is the individual medley. Only first place team trophy awarded.

**Officials:** Referee, Mike McCaffree, [mikemccaffree@att.net](mailto:mikemccaffree@att.net)  
Each team will be expected to provide timers or place judges.

**Heat Sheets:** TBD

**Concessions:** Concessions will be available at the YMCA.

**Meet Director:** Meredith Brown, Aquatics director, Lebanon Family YMCA. 417-588-1177

**Area Motels:**

**Event List:**

1. 8 and under 100 Medley Relay
2. 9–10 200 Medley Relay
3. 11–12 200 Medley Relay
4. 13–14 200 Medley Relay

5. 15-18 200 Medley Relay
6. 8 and under 100 IM
7. 9-10 100 IM
8. 11-12 200 IM
9. 13-14 200 IM
10. 15-18 200 IM
11. 8 and under 25 Freestyle
12. 9-10 50 Freestyle
13. 11-12 50 Freestyle
14. 13-14 100 Freestyle
15. 15-18 100 Freestyle
16. 8 and under 25 Butterfly
17. 9-10 50 Butterfly
18. 11-12 50 Butterfly
19. 13-14 50 Butterfly
20. 15-18 50 Butterfly
21. 8 and under 25 Breaststroke
22. 9-10 50 Breaststroke
23. 11-12 50 Breaststroke
24. 13-14 50 Breaststroke
25. 15-18 50 Breaststroke
26. 8 and under 25 Backstroke
27. 9-10 50 Backstroke
28. 11-12 50 Backstroke
29. 13-14 50 Backstroke
30. 15-18 50 Backstroke
31. 8 and under 100 Freestyle Relay
32. 9-10 200 Freestyle Relay
33. 11-12 200 Freestyle Relay
34. 13-14 200 Freestyle Relay
35. 15-18 200 Freestyle Relay